

## Books

# Cowboy & Wills

by *Monica Holloway* | ★★★★★

### MEMOIR

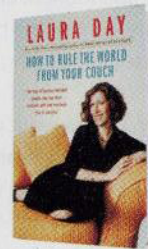
Dogs are often projections of the selves we want to be—which is why the quiet among us own terriers, the timorous lean toward Rottweilers. So it was rather a stroke of genius when Holloway (*Driving with Dead People*) got her autistic, anxious and isolated son Wills a golden retriever. Is there any breed sweeter, goofier—and more connected to people? “Sometimes,” Holloway writes, “I’d hear [Wills] in his room... telling Cowboy all of his troubles.” For many autistic chil-



dren, talking with other humans is fraught. A dog is different: “She didn’t offer solutions. She just listened.” Readers would do well to listen to this sweet and heartbreaking tale of boy-dog love. There are so many of us, with or without autism, who have our animals to thank for helping us connect.—**J.N.**

## ARE WE ALL PSYCHIC?

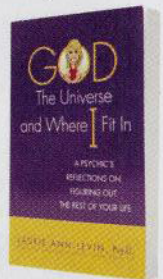
*Laura Day and Laurie Ann Levin think so—we just need to access our powers. Each has a new book aimed at showing the way:*



**HOW TO RULE THE WORLD FROM YOUR COUCH** Oprah fave Day says being psychic is just intuition. Listen to that “higher octave of your five senses,” she advises, to help you reach your goals.

### GOD, THE UNIVERSE AND

**WHERE I FIT IN** Levin, who runs a holistic wellness center with husband (and ex Time Warner CEO) Jerry Levin, believes departed souls have wisdom to share. “Shut off the handheld,” she says, “and be open to what comes.”



INSET: ALEXASHER SEARS

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